

CONSIDER LIFE
WITH FRESH EYES!

BECOME
YOUR BEST
SELF!



Janna Yeshanova, MA, MEd.,
Leadership Trainer/
Relationships & Goal Setting Coach

ARE YOU READY TO CHANGE YOUR LIFE?

I have extended my life coaching service to include concierge life coaching —world class coaching that comes to you. This service is for those who do not have time or desire to go out for one or another reason, for those who think that the goals they dreamed about will never come true.

Sometimes, you need a friend to vent to...

I have helped people

- Get back on track after a divorce
- Resolve serious conflicts
- Set goals /solve problems
- Overcome adversity

Do not stop yourself from doing what you want, being where you want to be, relating to the people you want to relate to...

I can help you! Call (614) 457-3333 to schedule a session.

Please contact me if you need assistance, and I'd be glad to come to you or we could meet in a designated place.

Please send your questions to janna@life-spark.com.

Janna Yeshanova, M.A., MEd., founder of Life-Spark, LLC, is a dynamic and powerful life coach and trainer. Compared to the Energizer Bunny by one client, Janna leverages her passion and engaging style to help others spark the possibilities of their lives.

Originally from the Soviet Union, Janna escaped to the United States when persecution became violent during the crumbling of the Soviet state. Arriving in the United States with her mother and daughter in tow, \$126 in her pocket and knowing not a soul, Janna's talent and experiences have helped her become a premier Leadership Trainer and Personal Life Coach.

Janna, I'm feeling so much better since meeting with you. You have me do an affirmation the first night we met that I can do anything. That's has been really freeing. I have been doing a lot of things that I wouldn't normally risk doing. Just thought I'd give you an update.

Kim W., Columbus OH

Janna's insights into human behavior helped me to identify my own paradigms and adjust those beliefs that were self-defeating.

Shawnee Klein, BA/MA/RN/OCN/CM, CareStar

**TURN YOUR GOALS INTO REALITY!
ACHIEVE YOUR DREAMS!**